**MODULE 5: MENTORING AND NETWORKING**

Learner Objectives:

1. To analyze the value of having a close mentor in the field as you progress into Clinical Fellowship Year and beyond for ongoing support
2. To understand the volunteer opportunities available within state and national association to support the ongoing development of the profession
3. To evaluate and navigate and find ongoing continuing education opportunities in order to maintain required knowledge regarding the latest research related to the scope of practice in which you practice

Quiz Items:

1. **What does a successful mentorship relationship consist of?**

a. Friendship, communication and networking

b. Teaching and communication

c. Reciprocity, personal connections, mutual respect, shared values and clear expectations

d. All the above

1. **What is Evidenced Based Practice?**
2. An exercise technique as seen on a You Tube video
3. Use of Clinical Expertise, best evidence in latest research and incorporation of patient values

c. Advertisement for Luminosity

d. Information taken from Time Magazine article

1. **What is the value of joining our state and national association activities?**
2. To make yourself look good
3. To increase your yearly salary
4. Networking, building professional relationships with others and pursuit of ongoing continuing education
5. None the above.
6. **Why is continuing education valuable?**
7. Helps you maintain your licensure
8. Can find specialized courses to help enhance your skills
9. Provides updates with latest research and advancements to build upon professional expertise as a clinician
10. All the above.

Quiz Answers:

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